

**Life Skills Domain Indicators Checklist**  
**Rate each Life Skills Indicator for yourself 1 – 5 (5 high)**

**1. Thinking and Reasoning**

- a.\_\_\_\_ Acquires, organizes, and evaluates information to make informed decisions
- b.\_\_\_\_ Integrates new learning with existing knowledge and experiences
- c.\_\_\_\_ Uses inquiry and technological skills to research, expand, apply and connect knowledge.
- d.\_\_\_\_ Applies multiple strategies to solve a variety of problems
- e.\_\_\_\_ Generates new and creative ideas in a variety of contexts

**2. Social and Civic Responsibility**

- a.\_\_\_\_ Assumes responsibility for personal actions and acts ethically
- b.\_\_\_\_ Demonstrates responsible civic engagement
- c.\_\_\_\_ Participates in academic service learning that supplements and reinforces skills, knowledge, and procedures learned in the classroom.
- d.\_\_\_\_ Demonstrates an appreciation of diversity and interdependence of all people
- e.\_\_\_\_ Demonstrates social and environmental responsibility
- f.\_\_\_\_ Demonstrates the ability to resolve and mediate disputes

**3. Character**

- a.\_\_\_\_ Identifies personal goals, organizes and maintains information, monitors progress, and engages in self-assessment
- b.\_\_\_\_ Identifies one's own strengths and weaknesses
- c.\_\_\_\_ Demonstrates leadership attributes
- d.\_\_\_\_ Exhibits empathy and self-discipline
- e.\_\_\_\_ Demonstrates understanding, friendliness, adaptability, empathy, and politeness
- f.\_\_\_\_ Uses the process of self reflection to facilitate personal growth
- g.\_\_\_\_ Demonstrates honesty, courage, integrity, kindness, morality, and respect

**4. Aesthetics**

- a.\_\_\_\_ Engages in activities for aesthetic enjoyment and personal growth
- b.\_\_\_\_ Appreciates the subtle beauties inherent in everyday life
- c.\_\_\_\_ Distinguishes the qualities that define excellence in human endeavors
- d.\_\_\_\_ Expresses feelings evoked from aesthetic experiences
- e.\_\_\_\_ Understands and appreciates the intricacies and elegance of nature, the arts and ideas
- f.\_\_\_\_ Considers aesthetic qualities when creating, designing, or performing

**5. Communication**

- a.\_\_\_\_ Selects, plans, and organizes ideas to communicate
- b.\_\_\_\_ Communicates with clarity, purpose, and understanding of audience
- c.\_\_\_\_ Actively listens, responds appropriately, and acknowledges the ideas of others
- d.\_\_\_\_ Integrates and uses a variety of communication forms and skills
- e.\_\_\_\_ Communicates using technology with developmentally appropriate and accurate terminology
- f.\_\_\_\_ Understands the implications/consequences and the ethical uses of technology
- g.\_\_\_\_ Recognizes, analyzes, and evaluates various forms of communication

**6. Systems Thinking**

- a.\_\_\_\_ Gathers information about how the system is intended to function
- b.\_\_\_\_ Understands, works within, and improves a system
- c.\_\_\_\_ Knows how social, organizational, and technological systems work, and operates efficiently within them
- d.\_\_\_\_ Finds the right people to ask for information and resources
- e.\_\_\_\_ Functions within the formal and informal structure of the system
- f.\_\_\_\_ Works cooperatively with others and contributes to group goals with ideas, suggestions, and effort

**7. Employability**

- a.\_\_\_\_ Possesses flexibility, adaptability, and the capacity to comply with and manage change
- b.\_\_\_\_ Demonstrates self-motivation, dependability, loyalty, and initiative
- c.\_\_\_\_ Exhibits analytical and decision making abilities
- d.\_\_\_\_ Uses effective communication and interpersonal skills
- e.\_\_\_\_ Participates as an effective member of a team
- f.\_\_\_\_ Demonstrates organization, planning, and prioritization abilities
- g.\_\_\_\_ Recognizes the impact of technology on business and industry
- h.\_\_\_\_ Exhibits leadership abilities
- i.\_\_\_\_ Establishes and maintains an educational plan that maximizes career choice

**TOTAL = \_\_\_\_\_(205 Possible)**